



"Just as an astronomer uses a telescope to explore the stars, MediQi teaches us how to navigate the intricate universe of the human body with our felt sense **to uncover (and replenish) the essence of life within it.**"

Stephen Monteleone

MediQi Practitioner Training Certification



Called to a career in Energy Medicine?

Or seeking answers on your own health journey?

Whether you are a newcomer to Energy Medicine, looking to enhance your current skills, or feeling inspired to **explore the wisdom of ancient practices**, this is the **best & only training of its kind in the world.**

PROGRAM SNAPSHOT

Duration: Flexible Timeframe

Mode: Live & Interactive

Delivery: 3 Levels & Practice Days
(with option to complete level 1 only)



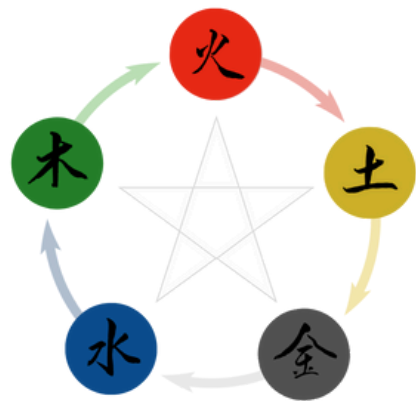
What is MediQi?

While many modern practices focus on symptoms, **MediQi looks deeper into the underlying patterns that give rise to dis-ease and disharmony.** A MediQi session supports the body in returning to a more balanced and coherent state, inviting greater vitality, longevity and overall well-being.

From the MediQi perspective, dis-ease, disorder, and disharmony are understood as expressions of imbalance within the flow of Qi—the vital life force energy that circulates through all organs and systems of the body.

When this flow becomes blocked, weakened, or disrupted, the body may express this through physical ailments, emotional turbulence, & spiritual distress can arise..

A MediQi session encourages the smooth movement of Qi through the organ channel pathways, supporting the body's natural capacity to reorganise itself. Rather than “fixing” or “treating” symptoms, MediQi Therapy helps the system clarify its own signals and **move toward harmony from within.**



Observe nature,
recognise the pattern,
address the root.

Why this training?



Rooted in 2,000+ year-old principles and shaped for modern practice, the MediQi Practitioner Program offers a clear, structured pathway for guiding the body back toward balance and homeostasis—supporting lasting vitality and wellbeing.

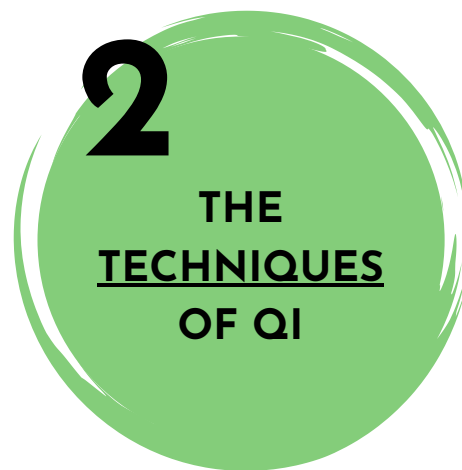
The training **teaches students to attune to the deeper currents of the body** and to work with the organ channel networks through refined awareness and the One Pulse method. By understanding the roles and relationships within the organ systems—and the movements of the Five Elements—students learn how disharmony expresses itself in real time.

Through hands on exploration, pulse based sensing, and channel therapy techniques, **students learn to recognise responses across the body system that indicate patterns of imbalance, depletion, or stagnation.** This structured approach supports consistent reading of the body and the gradual development of confident, repeatable skill.

Whether you are new to energy work or expanding an existing practice, **the program offers a structured, supportive environment that develops real skill, sensitivity, and an intuitive understanding of the body and Qi.**

Whether you're new to the ancient ways,
or called to expand & deepen your work..

This is a professional practitioner training that weaves
three levels in it's curriculum, to move at a pace that
honours the seasons and **gifts you enough time to feel
confident & competent in this body of Qi work.**



you're invited to:

BOOK YOUR PLACE >

The Foundation of Qi

1

The Beginners Guide To The Galaxy

Duration: 3 day workshop + 1 practice day

Pre-requisites: None

Five Core Modules:

1. Handing Ourselves Back to Nature [Theory]

- The Yin / Yang Theory
- The Five Element Theory & The Five Elements: Fire, Earth, Metal, Water & Wood
- The Struggle cycle & The Life cycle

2. The 12 Channels & 60 Hollows [Theory]

- The 12 Organ Channels & 60 Command Hollows of the Body
- The deeper meaning of the channels & hollows and what they say about the health of an individual

3. The Organs & Their Deeper Meanings [Theory]

- The 5 Organ Spirits and their 5 Virtues
- Liver & Gall Bladder: The Wood element
- Heart, Small Intestine, Pericardium & Triple Heater: The Fire element
- Spleen & Stomach: The Earth element
- Lungs & Large Intestine: The Metal element
- Kidney & Bladder: The Water element

4. Diagnostic Tools + Body Awareness Techniques [Practical]

- The One Pulse: How to read the pulse and give light to what people are stuck in
- Reading The Body: Sun, Moon, & Earth Vision

5. The Healing Power of Qi: Bringing Harmony Back Into The Body [Practical]

- The Standard Root Technique: Wife / Child, Mother, Yin Lover & Husband Relationships
- The Standard Chinese Clock Technique

BONUS INCLUSIONS:

- Comprehensive manual
- Morning & afternoon tea each day
- Laminated poster of 5 element diagram, channels & hollows to hang on wall
- 1 extra practice day after workshop completion
- Full support via Whatsapp group with direct contact to Stephen

Who would benefit from completing level 1?

The **Curious**

seeking answers on their own health journey or learning about the ancient ways

The **Passionate**

about health & well-being and / or being of service to others

The **Professionals**

bodyworkers, movement therapists, healthcare professionals, energy healers, TCM practitioners etc looking to add to their current skillset

& **Those Desiring to Thrive**

and no longer survive

you're invited to:

[BOOK YOUR PLACE >](#)

The Techniques of Qi

2

Becoming A Technician of Qi

Duration: 3 day workshop + 1 practice day

Pre-requisites: Level 1

Three Core Modules:

1. Diagnostic Tools + Body Awareness Techniques (Part 2) [Practical]

- Advanced Pulse Reading: the 3 Heaters of the Pulse + Organs

2. The Healing Power of Qi: Bringing Harmony Back Into The Body (Part 2) [Practical]

- The Advanced Root Technique: Brother relationships and Shunting
- The Transporting Technique: Removal of Pathogens from the Body

3. Fascia Rejuvenation Techniques [Practical]

- Moxibustion

BONUS INCLUSIONS:

- Comprehensive manual
- Morning & afternoon tea each day
- Moxibustion tool kit (everything you require to moxa from home)
- 2 extra practice days after workshop completion
- Full support via Whatsapp group with direct contact to Stephen



The Extra-Ordinary Level of Qi

Changing Fate To Destiny

Duration: 3 day workshop + 1 practice day

Pre-requisites: Level 2

Two Core Modules:

1. Clearing the Unconscious: The Eight Extra-Ordinary Channels of Qi [Theory]

- Philosophies of each eight channels
- How to work with each channel

2. The Healing Power of Qi: Bringing Harmony Back Into The Body (Part 3) [Practical]

- The Advanced Chinese Clock Technique
- The Advanced Transporting Technique
- Clearing the Great Thoroughfare (Chong Channel): Opens the Great Way between Earth & Heaven. Reconnects us to Source Qi ("child-like" energy). Stabilizes center. Alleviates urgency and urgent pain - lost wholeness, lost inner peace, feeling of separateness, worry, sadness, anger, anxiety. Clears deep blockages caused by forgotten trauma.
- Clearing the Governing Vessel (Du Channel): Strengthens the spine and nourishes the brain. Clears stiffness in the back, neck and head, by unblocking flow of Qi up the spine. Calms hot wind blowing up the spine creating anger and rash thinking.
- Clearing the Conception vessel (Ren channel): Clears qi stagnation, knotting and physical lumps taking up deep root in the living tissue of our yin organs; as well as mental and emotional lumps residing deep within our body eg. knotted expression.
- Clearing the Girdle Vessel (Belt / Dai Channel): Helps hold our precious Source Qi and Essence, preventing it from spilling wastefully out. Harmonises wood element. Clears deep unresolved trauma, viruses and spirit entities that are hiding deep inside our core.
- Clearing Yin Net Channel: Tonifies blocked / stagnate blood and working Qi, and clears inner Yin organ channels.
- Clearing Yang Net Channel: Our outer Qi shield. Protects us from (and defends against) outer environmental forces and attacks; lets natural Qi (and love) in and keeps pathogenic Qi out. Helps clear Spirits Way to the infinitely expanding heavens.
- Clearing Yin Motility Channel: Rejuvenates our reserve. Calms the brain. Grounds and nourishes essence. Draws Qi down and inwards, sinking the brain back down into the body. Connects us to the Earth. Gives us our natural calm.
- Clearing Yang Motility Channel: Expands Qi out of the brain center. Connects us to the heavens. Awakens our spirit. Boosts our energy. Gives us our natural high.

3



In just 3 months you could be...

- **Fluent in the language of the body**, with a grounded understanding of the 5 Element Theory and the root cause of dis-ease and disharmony.
- **Deepening your trust and connection to Self**, and more fully understanding the interplay of all your forms - physical, mental, spiritual, emotional.
- **Connected to a supportive community of mentors & peers** who believe in your abilities (and desire to see you thrive).
- **Effortlessly guiding powerful client sessions**, using structured (and grounded) frameworks that allow you to facilitate deep transformation & empower clients.
- **Confident in your skills as a practitioner**, and a strong conviction in the value of your offerings.
- **Welcoming in clients** and creating a career built on serving others.

you're invited to:

BOOK YOUR PLACE >

金
木
水
土
火

How is the program delivered?

each of the 3 levels consists of:

1 x Workshop

delivered over 2-4 days

Scientific & Spiritual theory underpinnings
Practical component and demonstrations
Each level builds upon the last

and

Bonus Practice Days

held after each workshop

To master skills taught in previous workshop
A safe space to practice on peers
Integrate & use (rather than lose) new sequences

Program Investment

Level 1

795
early bird

or

995
full price

Level 2 & 3 (per level)

995
early bird

or

1195
full price

Pricing in AUD

Whether you are a newcomer to Energy Medicine, looking to enhance your current skills, or feeling inspired to explore the wisdom of ancient practices...

you're invited to:

[BOOK YOUR PLACE >](#)

or

[BOOK A SESSION >](#)

Find dates & locations of **future workshops here.**
Or call Stephen to answer further questions you may have.

